

STW COMMUNITY CENTER NEWSLETTER

1332 MIDDLETOWN AVE NORTHFORD, CT 06472 | (203) 484-6017 | NBRECREATION.COM

Come celebrate the holiday season with North Branford Parks, Recreation & Senior Center! Join us on Friday, December 5 from 6:30-8:00pm for our Annual Tree Lighting on the PoCo Grounds, on 12/8 for our Flashlight Candy Cane Hunt at Northford Park & our townwide holiday decorating contest – Light Up North Branford on 12/17!

The Senior Center also has many festive activities, a Yuletide Carolers performance on 12/11, a Holiday Mingle with the NBHS students on 12/15, Gingerbread House Decorating Contest on 12/16, the Annual Holiday Luncheon on 12/18 and we have been invited to attend the TVES holiday concert on 12/22!

Also, all are invited to join us on Friday, December 12 from 5:30-7:00 for our first Dinner at STW – hope to see you there!

Wishing you all the hope, wonder and joy of this Holiday Season!

- North Branford Parks, Recreation & Senior Center Team

**Santa's
Little
Helper
RAFFLE**

**HELP SANTA LIGHT THE
CHRISTMAS TREE!**

Purchase a raffle ticket for a chance to light the town tree at the Annual Tree Lighting on Friday, December 5th!



Tickets can be purchased for \$1 per ticket (cash only) at the STW Community Center during regular hours until end of day on 12/3. The drawing will be held on 12/4 and the winner will be notified.

NEW AT THE PARKS!

On the last day of AAC Awareness Month, Augmentative and Alternative Communication (AAC) Boards were successfully installed on October 31 at both, North Farms Park and Northford Park in collaboration with Beyond the Horizon, Inc.

These large, durable boards feature symbol-based communication systems and have been placed near the playground areas to make communication more accessible for individuals who use AAC.



The boards allow individuals with communication challenges the opportunity to engage in meaningful play and interaction with their peers in open community spaces, while fostering connection, confidence, and inclusion for children and families alike.

We are especially grateful to Beyond the Horizon, Inc., community member and Speech & Language Pathologist Natalie Cerrone, who assisted in obtaining the templated board donation from Saltillo Corporation and to the Parks & Recreation Commission for supporting this project.

Annual Tree Lighting

Friday, December 5th

Augur Property 290 Forest Road, Northford

6:30 - 8:00pm

Snow or Shine!

IN PARTNERSHIP WITH NORTH BRANFORD ROTARY CLUB



Ice Sculpting
Marshmallow
Toasting

Hay Rides
Stage
Performances

Hot Chocolate
& Cookies
And Santa!



LETTERS TO THE NORTH POLE

Mail a letter to Santa, Mrs. Claus, or your favorite elf or reindeer!

Find the template On our website nbrecreation.com

FOOD TRUCKS:



Marshmallow
toasting sticks
provided by:



THANK YOU TO OUR SPONSORS!



COMMUNITY EVENTS

FLASHLIGHT CANDY CANE HUNT!

Monday, December 8th
Northford Park—\$5 \$2 off sibling discount

Join us for our annual Flashlight Candy Cane Hunt at Northford Park!

Participants will use flashlights to find candy canes hidden at Northford Park.

There will be 3 separate times for 3 separate age categories.

Ages 2-4—4:30 - 4:45pm

Ages 5-7—4:50 - 5:05pm

Ages 8+—5:10 - 5:30pm

At each time, candy cane hunters will have the opportunity to find "golden candy canes" which can be redeemed for a special gift!

Please bring a flashlight & bag to collect your candy canes!

Please register by 12/5 at nbrecreation.com



Light Up North Branford

HOLIDAY LIGHT DECORATING CONTEST

Wednesday, December 17th

6:00 - 10:00 p.m.

FREE

Get into the holiday spirit with a fun and festive competition!

REGISTER TO GET YOUR HOUSE ON THE MAP!

A map of display locations will be available on our website on December 15th.

PRIZES

Best Overall Display

Brightest Display

Most Original Display

Classic Display

Winners determined by a panel of judges

Registration required by 12/11



NORTH BRANFORD PARKS AND RECREATION & SENIOR CENTER

Gifting Tree

Year after year, our Gifting Tree program helps bring extra holiday cheer to Senior Citizens in our community. Kindly remove an ornament tag from the tree and purchase a gift card to either Big Y, Walmart, Walgreens, or Dollar General and return the tag with the gift card to one of our Gifting Tree locations by 12/12/25. Recommended denominations, \$20-\$40

GIFT CARD

Find our Gifting Trees at:
STW Community Center -1332 Middletown Ave. Northford
Atwater Memorial Library -1720 Foxon Rd. North Branford
Edward Smith Library - 3 Old Post Rd. Northford



Dec 12th

HEALTH & WELLNESS CLINIC

LOW COST!

10AM - 1PM

Stanley T. Williams
Community Center
1332 Middletown Ave.
Northford, CT 06472

Register by Dec 9th
to Reserve Your Spot
(Limited to 25)

(Cash/Check Only)

PRE-REGISTRATION REQUIRED

\$100 per pet for all others

Register **Online** at:
vetcareeverywhere.org/
community-events

Or Call: 203-484-6017



ATTENTION -

- All cats must be in carrier and all dogs must be leashed
- No litters of puppies or kittens
- Prior proof of rabies required for 3 year rabies certificate

INCLUDED SERVICES:

- + Wellness check
- + Rabies vaccines
- + Distemper vaccine
- + Basic deworming
- + Heartworm testing (dogs only)

*Additional services such as non-core vaccines (Lyme, Lepto, Kennel Cough) available for added fee



PROGRAMS

JOIN US FOR *Dinner*

*Come Share Good Food,
Good Company, And Connection*

The second Friday of every month, 5:30-7:00 PM
STW COMMUNITY CENTER - 1332 Middletown Ave. Northford

**FRIDAY DECEMBER 12, 2025
FRIDAY JANUARY 9, 2026
FRIDAY FEBRUARY 13, 2026**

You are warmly invited to join us for a
delicious home-cooked meal

Suggested donation: \$5/per person
(or whatever feels right to you, just reach out to us)
All proceeds go toward food and future dinners.

Kindly RSVP!

nbrecreation.com or call the office (203)484-6017



(203) 484-6017 • www.nbrecreation.com

Mary's Culinary Classes

Join Mary Amter in this unique, hands on culinary experience that will engage children in preparing delicious creations. They will explore, create, and learn basic cooking techniques!

Grades 3-5 at STW Community Center

WEDNESDAY DECEMBER 10, 2025

**ELF ON THE SHELF PIZZA &
BUDDY THE ELF CUPCAKES**

1:00 - 3:00pm Cost \$40 res
\$45 non-res per class



MARY'S HOLIDAY COOKIE BAKE!

Join Mary Amter for a festive, hands-on baking workshop for Adults/Adult and child where you'll make (and take home!) a holiday-inspired tray of 5 different cookie varieties.

* Candy Cane Shortbread * Ricotta Anginettes
* Oreo Truffles * Lemon Crinkle * Cream Cheese Snickerdoodles

December 14

9:00am-12:00pm

STW Kitchen - Ages 12+

\$65res / \$70 nr



A SENSORY FRIENDLY SANTA EVENT

This event is in partnership with Beyond the Horizon for individuals in our special needs community and Kimberly Inglis Photography.

**Saturday December, 20th
10:00-11:30am**

STW Classroom - FREE

Please register for a photo time slot.

Pictures with Santa will be emailed to each participant.

This is a free event, however cash donations will be kindly accepted for Beyond the Horizon.

Register by 12/11



Winter Break PARK & REC DAYS

Winter Break just got a little bit COOLER! Come join us for 2 days of fun! Each day will offer a different theme with corresponding games, activities and crafts! Full details on our website!

Monday December 29, 2025

Friday December 30, 2025

8:30am - 4:30pm

STW Community Center

\$35 per day

Lunch included! Register by 12/19



**AFTER SCHOOL
R.E.C Crew**
Recreation • Education • Creativity

REGISTRATION IS BY THE MONTH (Space is limited)
Students are walked over from TVES or take the bus from Jerome Harrison School.

**Grades
K-5**

**JEROME HARRISON
(JHS)**

**TOTOKET VALLEY
(TVES)**

5 DAYS A WEEK - \$300/month

5 DAYS A WEEK - \$300/month

3:25pm-5:30pm

M/W/F - \$180/month

1:40pm-5:30pm - Early Dismissal

T/TH - \$120/month

2:45pm-5:30pm

12:55pm-5:30pm - Early Dismissal

Our program provides a safe environment where kids can..

- Receive homework support
- Enhance social/emotional development
- Engage in recreational activities
- Most importantly HAVE FUN!

SENIOR CENTER | NB CLUB 55!

COFFEE TALK

Join us for coffee and catch up with friends. Learn about what we've been doing at the Senior Center and offer suggestions for trips or programs. This is a casual, fun social activity for all.

December 3, 2025

STW Senior Room 11:00-11:30pm Register by 12/1



DOUBLE BINGO!

Double Bingo - 12/11/25

STW Senior Room 10:30-11:45am

Please register by 12/8

Christmas Double Bingo - 12/15/25

STW Senior Room 1:00-2:00pm

Please register by 12/12

MOHEGAN SUN BUS TRIP

Monday, December 15 - 8:00am - 4:00pm

\$20 res / \$25 nr

If you are meeting at the STW Community Center, we will be leaving at 8:00 a.m. Departs Mohegan at 2:30pm

Please register by 12/12

MOVE TO MUSIC

Friday December 12, 2025

10:00am - 11:00am - STW Yoga Room - \$5res / \$6nr

Instructor: Adrienne Patrella

"Move to Music" is a low impact, fun, fitness class which can be done either seated or standing. This easy-to-follow program combines gentle movements with upbeat music to help you improve strength, mobility, flexibility, and balance—all while enjoying the rhythm and having fun.

FUNCTIONAL FITNESS (NEW!)

Thursdays Jan 8- Feb 12

1:00 - 2:00pm - STW Yoga Room - \$30res / \$35nr

Instructor: Adrienne Patrella

This class will focus on strength building, flexibility, coordination, agility, balance and brain exercises.

TREES OF HOPE & GEORGIE'S DINER

Maritime Center, New Haven, CT

December 10, 2025 \$5res/\$7nr

Departs STW at 10:30 a.m.

Lunch cost on your own at Cody's Diner in New Haven. Tour the beautifully decorated trees and shop for the perfect gift in the holiday boutique, all while supporting The Ronald

McDonald House. Register by 12/8

Raffle tickets are sold for \$1 each and attendees will be able to distribute their tickets towards the displays they would like to win on our raffle platform.



PLEASE JOIN US FOR SOME FUN HOLIDAY ACTIVITIES!



SENIOR TREE DECORATING

Thursday Dec 4, 1:00-2:00pm Senior Room

Help us make the Senior Room festive for the holiday season!
Enjoy holiday music, hot cocoa & eggnog as we decorate.

YULETIDE CAROLERS PERFORMANCE

Thursday Dec 11, 1:00-2:00pm Senior Room

Join us for a holiday performance by the Yuletide Carolers!

GINGERBREAD HOUSE DECORATING CONTEST

Tuesday Dec 16, 10:30-12:00pm Senior Room

Join us for our Gingerbread House Decorating Contest!

The houses are pre-made, decorating supplies will be provided. Prizes will be rewarded, come prepared for creative holiday fun!



TRANSITION GROUP

CAROLERS PERFORMANCE

Thursday Dec 18, 10:00-10:30am

Enjoy Christmas Carols by the Transition Students right before BINGO!

Holiday Mingle w/ NBHS Student Council & Chamber Choir

December 15, 2025 at 10:00 a.m.

STW Community Center

Join us for a special Holiday Mingle with the North Branford High School Student Council & the NBHS Chamber Choir!

The NBHS Chamber Choir will do a special performance!

FREE - Please register by 12/9

ANNUAL TVES HOLIDAY CONCERT

Monday, December 22nd

9:30am - TVES gymnasium.

All are welcome to join in with our Holiday musical celebration!

Please register by 12/15



AQUA TURF

Holiday Classics with the Cartells!

At Aqua Turf Club

December 9, 2025- \$58res/\$63nr

Featuring a sing-a-long with The Glamour Girls, Santa & Mrs. Claus! Menu: Roasted Turkey & Baked Cod

Departs 10:15 am Returns: appx. 5:00 pm

1 Seat left!!! Payment is due at time of registration



SENIOR CENTER | NB CLUB 55!

SENIOR CENTER HOLIDAY LUNCHEON

Thursday, December 18, 2025
FREE

A special thank you to the POCO Committee
for sponsoring this special lunch!

(space is limited to the first 100 people)

Join us for a traditional holiday
luncheon and a special visit from Santa!

Menu:

Chicken Piccata
Scalloped Potatoes
Soup
Vegetable
Holiday Dessert

*Take out meals are limited- please speak to
the staff if you are in need of a meal to go*

Lunch served at 12:00 pm

**Resident only registration open from
November 21 - December 5**

*Non-residents are welcome to register
after December 5th
Please register by 12/15*

Fantasy of Lights Trip

Tour the Fantasy of Lights at
Lighthouse Point!

Thursday December 11

\$5res / \$7nr

Trip departs STW at 4:30 pm
Register by 12/8

Hubbard Park Festival of Lights

Let's have some hot chocolate
while we tour the Festival of
Silver Lights at Hubbard Park in
Meriden, CT!

Tuesday December 30 - FREE

Trip departs STW at 4:30 pm
Register by 12/23

CHAIR YOGA

Tuesdays Dec 9 — Jan 27

10:30—11:30am

\$45 res / \$50 nr

Instructor: Sharon Bailey

Chair yoga is a gentle form of yoga that
is done while sitting and using a chair
for support. Chair yoga helps build
strength, improve coordination, and
promotes relaxation, reduces stress.

WELLNESS PROGRAMS

Food Safety

with East Shore District Health Department

December 16, 2025

STW Senior Room

12:45-2:00pm Register by 12/15

SENIOR CENTER NOON YEAR'S EVE LUNCH

Let's celebrate the new year together with a Noon Year's Eve Party!

January 6, 2025 \$5 (register by 1/2)

DAILY ACTIVITIES

MONDAY

Cards — 1:00 pm

TUESDAY

Corn Hole — 10:30 am

Boccia — 12:30 pm

WEDNESDAY

Cards — 1:00 pm

THURSDAY

Bingo — 10:30 am

Cards & Games — 1:00 pm

FRIDAY

Grocery Shopping 10:00 am

GROCERY SHOPPING

MONDAYS & FRIDAYS

*You must be able to put your bags in your seat area. We ask
that you purchase only what you can carry.
Pickup begins at 9:30am*

MONDAYS

December 1 - Walmart

December 8 - Stop & Shop

December 15 - Aldi

December 22 - Shoprite

December 29 - Walmart

FRIDAYS

December 5 - Big Y

December 12 - Big Y

December 19 - Big Y

December 26 - Big Y



DINER DASH

**Olympia Diner North Haven & Boscov's Meriden
December 9, 2025**

Departs STW at 10:00am Returns 2:00pm

Join us for lunch on your own at Olympia Diner then we
will head over to Boscov's to shop. Please register by 12/5.

**Green Olive & Kohl's Meriden
December 17, 2025**

Departs STW at 10:00am Returns 2:00pm

Join us for lunch on your own at Olympia Diner then we
will head over to Kohl's to shop. Please register by 12/15.

MEDICAL TRANSPORTATION

TUESDAYS, WEDNESDAYS, & THURSDAYS

10:00am—2:00pm

Appointment time must be within this time-frame

Curb to Curb Service

A 2-week notice is preferred; however, we will try to
accommodate last minute appointment changes. Please
let us know if you need wheel chair services when you
call. Please call the office at (203) 484-6017 to schedule
your medical transportation.





DECEMBER 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:30 Walmart 12:00 Lunch— Mac 'n Cheese, vegetables, roll & dessert	2 10:30 Cornhole 10:30 Chair Yoga 12:00 Lunch— Chicken cutlet, rice, vegetable & dessert 12:30 Boccia	3 11:00 Coffee Talk 12:00 Lunch— Grilled ham & cheese, pea soup, roll & dessert 1:00 Cards	4 10:30 Bingo 12:00 Lunch— American chop suey, salad, garlic knots & dessert 1:00 Senior Room Holiday decorating eggnog & cookies	5 9:30 Big Y 11:15 Gentle Yoga 12:00 Lunch— Pancakes, sausages, fruit & ice cream
8 9:30 Stop & Shop 12:00 Lunch— Sausage, peppers, potatoes & dessert	9 10:15 Aqua Turf 11:00 Olympia Diner + Boscov's 10:30 Cornhole 10:30 Chair Yoga 12:00 Lunch— Swedish meatballs over noodles, vegetables & dessert	10 10:30 Trees of Hope & Georgies Diner 12:00 Lunch— Open face turkey sandwich, vegetables, roll & dessert 1:00 Cards	11 10:30 Double Bingo 12:00 Lunch— chicken, broccoli over pasta, salad, roll & dessert 1:00 Yuletide Caroler's + hot chocolate bar 4:30 Fantasy of Lights	12 9:30 Big Y 10:00 Move to Music 10:00 Vet Care 12:00 Lunch— Beer battered cod, onion rings, salad & ice cream
15 8:00 Mohegan Sun 9:30 Aldi 10:00 Student Council + Chorus mingle 12:00 Lunch— Soup, egg salad sandwich & dessert 12:45 Christmas Bingo	16 10:30 Cornhole 10:30 Gingerbread house decorating 10:30 Chair Yoga 12:00 Lunch— Stuffed cabbage, rice, vegetables, roll & dessert 12:30 Boccia 12:45 East Shore Wellness Talk	17 9:30 Green Olive + Kohl's Meriden 10:30 Ivoryton 12:00 Lunch— French bread pizza, salad & dessert 1:00 Cards	18 10:00 Transition Christmas Carolers 10:30 Bingo 12:00 Holiday Luncheon— Soup, Chicken piccata, scalloped potatoes, vegetable, roll & Holiday dessert Register by 12/15	19 9:30 Big Y 12:00 Lunch— Sausage, egg, cheese on a croissant, muffins, fruit 1:00 Food Pantry
22 9:30 Shoprite 9:30 TVES Holiday Concert 12:00 Lunch— Chicken, potatoes, peas, rice, roll & dessert	23 10:30 Cornhole 10:30 Chair Yoga 10:30 Bingo 12:00 Lunch— Angel hair, marinara sauce, meatballs, salad, garlic knot & dessert	24 1/2 day Senior Center Closes at 12 No Lunch	25 Christmas Day Senior Center is Closed	26 9:30 Big Y 12:00 Lunch— Hot dogs, sauerkraut, fries & dessert
29 9:30 Walmart 12:00 Lunch— Tuna melts, sweet potato fries & dessert	30 10:30 Cornhole 10:30 Bingo 10:30 Chair Yoga 12:00 Lunch— Chicken Caesar wraps, chips & dessert 4:30 Hubbard Festival of lights BIRTHDAY DAY 	31 1/2 day Senior Center Closes at 12 No Lunch	*Regular lunches cost \$4 Please call in by 9:00am 203-484-6017 *Menu subject to change*	*CAUTION* <i>Individuals with food allergies please take notice.</i> Food prepared by this establishment may have been cooked with or come in contact with the following allergens: Milk/ dairy, eggs, wheat, soy/ soybean, peanuts, tree nuts, fish, shellfish, sesame