



STW COMMUNITY CENTER NEWSLETTER

1332 MIDDLETOWN AVE NORTHFORD, CT 06472 | (203) 484-6017 | NBRECREATION.COM

There's something for everyone this November!

We hope you'll join us as we honor our Veterans with a special lunch on November 10 or celebrate the season with our Senior Friendsgiving Lunch on Wednesday, November 18. Be sure to check out our exciting programs, including Paint-A-Plow for our Public Works Department, an indoor field hockey clinic, and Breakfast at STW! You can also get to know our town departments a little better by enjoying Pie with Public Works on November 12 or by "spilling the tea" with Dr. Scott Nicol, our new Town Manager on November 19.

Looking to get a head start on your holiday shopping? Stop by the Creative Abilities Market on November 13! And don't miss out on North Branford's first-ever Great Pumpkin Smash on November 14!

Hope to see you soon!

- North Branford Parks, Recreation & Senior Center Team

Mary's Culinary Classes

Join Mary Amter in this unique, hands on culinary experience that will engage children in preparing delicious creations. They will explore, create, and learn basic cooking techniques!

Grades 3-5 at STW Community Center

****EARLY DISMISSAL DAYS****

1:00 - 3:00pm Cost \$40 res/ \$45 non-res per class

WEDNESDAY NOVEMBER 18, 2026

**PUMPKIN FETTUCCINE ALFREDO AND
TURKEY TRUFFLES**

WEDNESDAY DECEMBER 16, 2026

**ROAST BEAST SLIDERS AND
GRINCH TREE CUPCAKES**



**AFTER SCHOOL
R.E.C Crew**
Recreation • Education • Creativity

**North Branford Parks & Recreation is
thrilled to announce that the After
School R.E.C. Crew is back for the
2026-27 school year!**

**Our program provides a safe
environment where kids can..**

- Receive homework support
- Engage in recreational activities
- Enhance social/emotional development
- Most importantly **HAVE FUN!**

REGISTRATION IS BY THE MONTH (Space is limited)
Students are walked over from TVES or take the
bus from Jerome Harrison School.

JEROME HARRISON (JHS)

5 DAYS A WEEK - \$312/month

3:25pm-5:30pm

1:40pm-5:30pm - Early Dismissal

Enrollment closes 2 business days
prior to the start of the new month. If your
child(ren) are not enrolled by then, they will
not be able to attend After School R.E.C. Crew.

TOTOKET VALLEY (TVES)

5 DAYS A WEEK- \$312/month

4 DAYS A WEEK- \$251/month

3 DAYS A WEEK- \$188/month

2 DAYS A WEEK- \$125/month

2:45pm-5:30pm

12:55pm-5:30pm - Early Dismissal

COMMUNITY EVENTS

VETERANS DAY LUNCHEON

Tuesday November 10, 2026

12:00pm STW Cafe

Veterans Eat Free! \$6 - Non-Veteran

Menu:

Salad, chicken & dumpling casserole,
& blondies a la mode

Kindly register by October 30, 2026

NORTH BRANFORD'S GREAT PUMPKIN SMASH



November 14, 2026

STW Community Center

10:00am - 12:00pm

Register by 11/9 - nbrecreation.com

Come to the North Branford Great Pumpkin Smash! BYOP (bring your own pumpkin) and we'll provide everything else to help you smash your pumpkin into food for local farm animals!

Participants can take a swing, drop, or simply toss their pumpkins to the ground, helping to ensure that these holiday leftovers are disposed of responsibly.

You'll get fifteen minutes of smashing fun and your choice of a bat, hammer or shovel to break up your gourd into the smallest pieces you can!

Pumpkins that have been painted, decorated with glitter, or have had anything sprayed on them cannot be smashed at this event.



1332 Middletown Ave. Northford | (203) 484-6017 | nbrecreation.com



Santa's Little Helper RAFFLE



HELP SANTA LIGHT THE CHRISTMAS TREE!

Purchase a raffle ticket for a chance to light the town tree at the Annual Tree Lighting on Friday, December 4th!



Tickets can be purchased for \$1 per ticket (cash only) at the STW Community Center during regular hours until end of day on 12/2. The drawing will be held on 12/3 and the winner will be notified.

Annual Tree Lighting

Friday, December 4th

Augur Property 290 Forest Road, Northford

6:30 - 8:00pm

Snow or Shine!

IN PARTNERSHIP WITH NORTH BRANFORD ROTARY CLUB



Ice Sculpting
Marshmallow
Toasting

Hay Rides
Hot Chocolate
& Cookies

FIREWORKS!
And Santa!

LETTERS TO THE NORTH POLE

Mail a letter to Santa, Mrs. Claus, or your favorite elf or reindeer!

Find the template On our website nbrecreation.com

Marshmallow
toasting sticks
provided by:



FOOD TRUCKS:



BECOME A FIREWORKS SPONSOR!

Our Annual Tree Lighting attracts over a thousand guests each year! This free community event is an evening filled with fun holiday festivities. We are seeking sponsorship for our firework display. No donation is too small! visit nbrecreation.com

Please help us add a little more magic to our annual Tree Lighting!

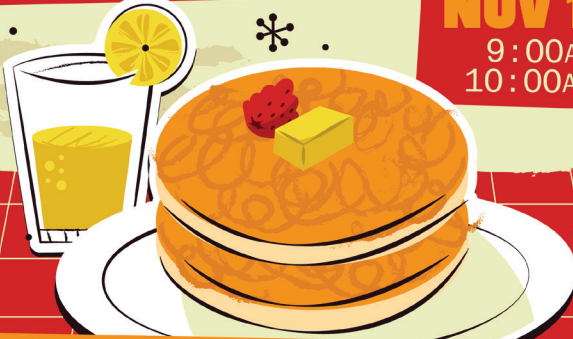
PROGRAMS

BREAKFAST AT STW

\$3 Breakfast will be served in the cafeteria. Please pre-register for meals at least one day prior, by 9am

SCRAMBLED EGG AND CHEESE ON A BAGEL

NOV 17
9:00AM - 10:00AM



STW COMMUNITY CENTER

CREATIVE ABILITIES MAKERS MARKET

NOVEMBER 13, 2026
11:00am - 2:00pm

STW Community Center | 1332 Middletown Ave. Northford

Join us for a vibrant, inspiring market showcasing the incredible talents of artists of all abilities and backgrounds. Discover one-of-a-kind, handmade goods while supporting a community that values creativity, diversity, and inclusion.

Celebrate Talent. Embrace Differences. Support Inclusion.

What You'll Find

- Handcrafted Jewelry, art, and home décor
- Unique gifts made with heart and purpose

If you are interested in vending, please contact NB Parks and Recreation at (203) 484-6017




TURKEY SHOOT FREE-THROW CONTEST

Saturday November 21, 2026
North Branford High School

The North Branford High School Boys Basketball Team and North Branford Parks and Rec are proud to announce our 3rd annual North Branford Turkey Shoot Foul Shooting Contest at North Branford High School!! The event consists of teams shooting foul shots (consisting of BOTH an adult and a child). The team with the highest score in each division will be the winner!

The event is completely **FREE** but requires pre-registration. We are asking each participant (child and adult) to bring a non-perishable food item for donation to the North Branford Food Pantry. The event will take place on **Saturday, November 21st** with registration closing on Thursday November 19th.

Please sign up online at www.nbrecreation.com

The North Branford Turkey Shoot is for youth ages 5 - 13 yrs (and a parent or guardian of his/her choice). Child and Adult will compete in a basketball foul shooting contest for a chance to win various prizes!!

Adult/Child teams will start at different times and will be divided as follows:

- 9:30 AM - Ages 5 & 6
- 10:00 AM - Ages 7, 8 & 9
- 10:30 AM - Ages 10 & 11
- 11:00 AM - Ages 12 & 13

A winner will be awarded in each category.

NOTE: PLEASE REGISTER JUST THE CHILD(REN) PARTICIPATING. REGISTRATION CLOSING ON 11/19/26.

Please reach out to Coach Donohue at jdonohue@northbranfordschools.org with any questions.



HEALTH & WELLNESS CLINIC

LOW COST!

Dec 18th | 10AM - 1PM
Stanley T. Williams Community Center
1332 Middletown Ave.
Northford, CT 06472

Register by Dec 15th to Reserve Your Spot (Limited to 25)
(Cash/Check Only)

PRE-REGISTRATION REQUIRED

\$60 per pet for qualifying Seniors and Veterans
\$100 per pet for all others

Register **Online** at: VetCareEverywhere.org
Or Call: 203-484-6017

INCLUDED SERVICES:

- + Wellness check
- + Rabies vaccines
- + Basic deworming
- + Heartworm testing (dogs only)
- Free + Distemper combo vaccines (courtesy of [petco](http://petco.com))

* Additional services such as nail trims and non-core vaccines (Lyme, Lepto, Kennel Cough) available for added fee

ATTENTION -

- All cats must be in carrier and all dogs must be leashed
- No litters of puppies or kittens
- Prior proof of rabies required for 3 year rabies certificate

VCE
VETCAREEVERYWHERE.ORG

PROGRAMS

NOVEMBER DAY CAMP

North Branford Public Schools have professional development days on November 2nd and 3rd. Come join us for 2 days of games, activities and crafts!

November 2nd & 3rd, 2026
8:30am - 4:30pm

STW Community Center

\$35 per day or \$65 for both days
Grades K-6

LUNCH INCLUDED!

Monday: Chicken patty, fries, and fruit
Tuesday: French toast sticks, yogurt, and hash browns

Please register by 10/28
Space is limited!

BABYSITTER'S CERTIFICATION

TUESDAY, DEC 29, 2026

STW GYM/CAFE

9:00 - 2:00PM \$65 RES/\$70 NR
AGES 12 - 15

Please register by 12/18

Girls & Boys Welcome! Ideal class for current and future sitters. This training gives you the knowledge, skills, and confidence to care for infants and school-aged children. This course addresses safety issues, preventing injuries and illnesses, and basic childcare. Students learn by doing and will be required to demonstrate the skills to be certified by the American Pediatric Association. (Bring a lunch)

Instructor: Ambulance Co. #4

MARY'S HOLIDAY COOKIE BAKE!

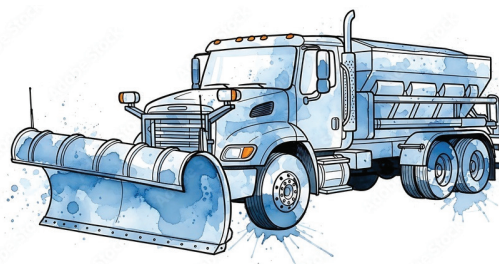
Join Mary Amter for a festive, hands-on baking workshop for Adults/Adult and child where you'll make (and take home!) a holiday-inspired tray of 5 different cookie varieties.

* Candy Cane Shortbread * Ricotta Anginettes
* Oreo Truffles * Lemon Crinkle * Cream Cheese Snickerdoodles

December 13

9:00am-12:00pm

STW Kitchen - Ages 12+
\$65res / \$70 nr



YOU ARE INVITED TO PAINT-A-PLOW!

Residents will make hand-print snowflakes for one of Public Works' snow plows that will be plowing this winter season.

Children & Families

Monday, November 2nd from 2:30-4:30 pm
Registration is required.

NOTE: We will be using acrylic paint. Please ensure that participants are dressed appropriately as this paint will stain clothing.



INDOOR FIELD HOCKEY CLINIC

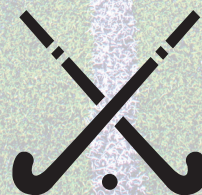
NOVEMBER 18 - DECEMBER 23

5:30 - 6:30PM STW GYM/CAFE

GRADES 2-5 \$75 RES / \$80 NR

Instructor: Cheryl Canada-Associate Head Coach at Quinnipiac University, USA Field Hockey Level II Accreditation, CPR and First Aid Certified

Join us for small games and scrimmage play! Open to boys and girls of all skill levels that are new to the sport or looking to enhance their skill level. This clinic is designed to develop the basic skills each athlete has by focusing on tactical game awareness, 1v1 defense, elevated passing, elimination and shooting skills. This clinic is fun, exciting, and creates player synergy no matter what age or skill level. Equipment needed: Stick, mouth guard, shin guards. Sticks can be provided if necessary. Please let us know at time of registration.



SENIOR CENTER | NB CLUB 55!

COFFEE TALK

Join us for coffee and catch up with friends. Learn about what we've been doing at the Senior Center and offer suggestions for trips or programs. This is a casual, fun social activity for all.

November 4, 2026

STW Senior Room 11:00-11:30pm Register by 11/3



MOHEGAN SUN BUS TRIP

Monday, November 16 - 8:00am - 4:00pm

\$20 res / \$25 nr

If you are meeting at the STW Community Center, we will be leaving at 8:00 a.m. Departs Mohegan at 2:30pm
Please register by 11/9

SR CENTER ARTS & CRAFTS

Pinecone Christmas Tree Craft

November 18, 2026 - 12:45 - 2:00pm

STW Art Room - FREE

please register by 11/13



GOODSPEED OPERA HOUSE

Annie the Musical Dec. 2, 2026

Departs 11:00am Approx. Return 5:00pm

\$145 res / \$150 nr

Enjoy lunch at the Gelston House and a show at the Goodspeed Opera House!



Leapin' Lizards! The musical that stole America's heart comes home to celebrate its 50th anniversary on the stage where it all began! With pluck and positivity, Annie escapes

Miss Hannigan's orphanage in search of her parents and finds a new family with her lovable mutt Sandy and billionaire Oliver Warbucks. This dazzling new production bursts with joy and timeless songs like "Tomorrow," "It's the Hard Knock Life," and "Maybe." You can bet your bottom dollar—it's the can't-miss event of the season!

Please register by 11/6 - Payment is due with registration

AQUA TURF

Holiday Classics with the Cartells!

At Aqua Turf Club

December 8, 2026- \$62res/\$67nr

Featuring a sing-a-long with The Glamour Girls, Santa & Mrs. Claus! Menu: Roasted Turkey & Baked Cod

Departs 10:15 am Returns: appx. 5:00 pm

Register by: 10/30 Payment is due at time of registration



SENIOR CENTER SILVER SNEAKERS MOBILITY & BALANCE FUSION

A gentle, mobility-focused class designed to keep you moving with confidence. This class blends seated and standing flexibility work with balance drills that help improve posture, joint mobility, and fall-prevention skills.
Instructor: Christina Murphy

Mondays Nov 2 - 30

10:00 - 10:45am - STW Yoga Room

Mondays Nov 2 - 30

11:00 - 11:45am - STW Yoga Room

Free for Silver Sneakers Members

\$10 per session for non-members

SENIOR CENTER SILVER SNEAKERS FIT FOR LIFE CIRCUIT

Stay strong, energized, and challenged in this fun, rotating-modality circuit class. All exercises can be modified, making this class accessible and fun for all fitness levels. Instructor: Christina Murphy

Wednesdays Nov 4 - 25

10:00 - 10:45am - STW Yoga Room

Wednesdays Nov 4 - 25

11:00 - 11:45am - STW Yoga Room

No class 11/11

Free for Silver Sneakers Members

\$10 for the session for non-members

Fridays Nov 6 - 20

10:00 - 10:45am - STW Yoga Room

Fridays Nov 6 - 20

11:00 - 11:45am - STW Yoga Room

Free for Silver Sneakers Members

\$10 for the session for non-members



Gifts
Gifting Tree



Year after year, our Gifting Tree program helps bring extra holiday cheer to Senior Citizens in our community. Kindly remove an ornament tag from the tree and purchase a gift card to either Big Y, Walmart, Walgreens, or Dollar General and return the tag with the gift card to one of our Gifting Tree locations by 12/11/26. Recommended denominations, \$20-\$40

Find our Gifting Trees at:

STW Community Center -1332 Middletown Ave. Northford
Atwater Memorial Library -1720 Foxon Rd. North Branford
Edward Smith Library - 3 Old Post Rd. Northford

SENIOR CENTER | NB CLUB 55!

HAND AND FOOT CARD GAME

Here's a great opportunity to try something different, and just enjoy a fun social atmosphere. Come join us, be ready to shuffle up and play! Our friend, Barbara Amatrudo will be our instructor.

STW Senior Room

Nov 5, 2026 - 1:00-2:00pm

Nov 12, 2026 - 1:00-2:00pm

Nov 19, 2026 - 1:00-2:00pm

Registration required

PIE WITH PUBLIC WORKS

November 12, 2026

12:45pm—2:00pm - FREE

Come have pie and get to know your Public Works Department! Register by 11/9

TEA WITH THE TOWN MANAGER

November 19, 2026

12:45pm—2:00pm - FREE

Come have tea and get to know your Town Manager! Register by 11/13

SENIOR CENTER FRIENDSGIVING LUNCHEON

Wednesday, Nov 18, 2026

\$7 res/\$9 nr

Join us for a fun luncheon with friends!

Lunch served at 12:00 pm

Kindly register by November 13th

Thanksgiving Menu Includes:

Turkey with gravy

Mashed Potatoes

Sweet Potato Casserole

Stuffing

Green Beans

Pumpkin Pie

Holiday Mingle w/ NBHS Student Council & Chamber Choir

December 9, 2026 at 10:00 a.m.

STW Community Center

Join us for a special Holiday Mingle with the North Branford High School Student Council & the NBHS Chamber Choir!

The NBHS Chamber Choir will do a special performance!

FREE - Please register by 12/4

DAILY ACTIVITIES

MONDAY

Cards — 1:00 pm

TUESDAY

Cornhole — 10:30 am

WEDNESDAY

Cards — 1:00 pm

THURSDAY

Bingo — 10:30 am

Hand and Foot — 1:00 pm

FRIDAY

Grocery Shopping 10:00 am

GROCERY SHOPPING

MONDAYS & FRIDAYS

*You must be able to put your bags in your seat area. We ask that you purchase only what you can carry.
Pickup begins at 9:30am*

MONDAYS

November 2 - Aldi

November 9 - ShopRite

November 16 - Stop & Shop

November 23 - Walmart

November 30 - Aldi

FRIDAYS

November 6 - Big Y

November 13 - Big Y

November 20 - Big Y

November 27 - Closed



SHOPPING TRIPS

Kohl's, Panara Bread and Burlington

Friday November 20, 2026

Departs: 9:30 am— Returns: 2:00 pm

Register by: 11/18



MEDICAL TRANSPORTATION

TUESDAYS, WEDNESDAYS, & THURSDAYS

10:00am—2:00pm

Appointment time must be within this time-frame

Curb to Curb Service

A 2-week notice is preferred; however, we will try to accommodate last minute appointment changes. Please let us know if you need wheel chair services when you call. Please call the office at (203) 484-6017 to schedule your medical transportation.





NOVEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:30 Aldi 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – Chicken caesar wrap, chips & dessert	3 10:00 Matter of Balance 12:00 Lunch – Spaghetti w/meatballs, salad & dessert	4 10:00 Silver Sneaks 11:00 Silver Sneaks 11:00 Coffee Talk 12:00 Lunch – Fish tacos w/lettuce, tomato & dessert	5 10:30 Bingo 12:00 Lunch – Hot dogs, potatoes, peppers, rice & dessert 1:00 Hand + Foot card game	6 9:30 Big Y 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – Bacon, egg & cheese on croissant, hashbrowns, fruit & dessert
9 9:30 Shoprite 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch - Grilled cheese w/tomato soup & dessert	10 10:00 Matter of Balance 10:30 Cornhole 10:30 Chair Yoga 12:00 Veterans Day Lunch – & dessert	11 CLOSED 	12 10:30 Bingo 12:00 Lunch – Penne ala vodka, salad & dessert 12:45 Pie with Public Works 1:00 Hand + Foot card game	13 9:30 Big Y and Food Pantry 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – Chicken salad sandwich, pickle, chips & dessert
16 8:00 Mohegan 9:30 Stop & Shop 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – Tuna salad sandwich, soup & dessert	17 9:00 Breakfast 10:00 Matter of Balance 10:30 Chair Yoga 10:30 Cornhole 12:00 Lunch – Stuffed cabbage, rice, veggie & dessert	18 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Thanksgiving lunch - \$7/\$9 12:45 Christmas Tree Craft with Sarah	19 10:30 Bingo 12:00 Lunch – Cheeseburger, onion rings, pickle & dessert 12:30 Birthday Club Celebration 12:45 Tea with the Town Manager  1:00 Hand + Foot card game	20 9:30 Big Y 9:30 Kohl's, Panera, Burlington Coat Factory 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – French bread pizza, salad & dessert
23 9:30 Walmart 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – Hot dogs, chips, sweet potato fries, pickles & dessert	24 10:00 Matter of Balance 10:30 Chair Yoga 10:30 Cornhole 12:00 Lunch – Quiche, soup, chips & dessert	25 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – Beer battered cod, onion rings, pickle & dessert	26 CLOSED 	27 CLOSED
30 9:30 Aldi 10:00 Silver Sneaks 11:00 Silver Sneaks 12:00 Lunch – Chicken & cheese quesadilla, rice & dessert	*Regular lunches cost \$4 Please call in by 9:00am 203-484-6017 *Menu subject to change*	*CAUTION* Individuals with food allergies please take notice. Food prepared by this establishment may have been cooked with or come in contact with the following allergens:	Milk/ dairy, eggs, wheat, soy/soybean, peanuts, tree nuts, fish, shellfish, sesame	